

JAPAN HENNA

*We provide better products to everyone with the blessing and wisdom of nature.
Produced by Japan Henna. Since 1987*



What is "Henna"?

100% natural white hair dying, hair and scalp treatment.

The history of Henna seems to start from the history of Mehendi (body paint). It is said that the body paint by Henna was given for 5000 years or more among Hindu's women. The custom is succeeded until the present age, and draws a religious event like the pattern that invites happiness and the pattern etc. of the charm in hands and feet at ceremonial occasions. There is a theory of having been painted on Cleopatra's nails too. The usage like the dye and the treatment etc. of the hair also has the history of about 5000 years. Moreover, the usage of medicinal use of the medical lore (ayurveda) supported by the historical fact seemed to have been also active as well as the paint and dyestuff.

Chemical grounds of Henna effects is the "LAWSON" that is the principal ingredient of the leaf of Henna, twine around the keratin that is the

principal ingredient of the hair in the acidic solution.

The treatment effect appears by forming a thin film around the hair epidermal when Henna unites with the protein. The cuticle is protected, and the damage to the hair by ultraviolet rays can be prevented. In addition, the effect of caring scalp is improved by polyphenol and vitamins. The change in dietary habits is one of the reasons of the trouble of the skin. A lot of animal fats in dramatic form to the eating habits of Japan cause the stress on pores make the inflammation and the hair become thin. Natural, organic, slow life-style, which was our original lifestyle, is now reevaluated. In this sense it is remarkable that Henna has been used for more than 5000 years, Please think the time of the eternity and use the wisdom from hoary antiquity.

1
White Hair Dying

- 100% natural treatment and hair dye
- Naturally dyes white hair
- Naturally fixes irregular coloration

Get 3 natural care benefits all at once!



Henna powder. The powder color, expansion rate, and dye color are determined by the weather and temperature when the henna is harvested.

2
Hair Care

- Gives hair bounce and resilience
- Coats hair to give it a natural shine
- Protects hair from ultraviolet light
- Reduces the volume of frizzy hair

3
Scalp Care

- Masks the scalp to improve health
- Supplies the scalp with nutrients including vitamins and polyphenol
- Improves natural healing ability



Henna is farmed organically, with the first harvest in September and second in November.



India's original henna tattoo.

The more white hairs you have, the wider your range of color choices for 100% natural henna and herbs.



- Does not damage the hair
- Does not damage the scalp
- Can be used again as soon as white hairs grow out
- Can be used around the face and in the part
- Can be applied thickly to the scalp
- Dissolves in hot water



Simple Guide to Using Henna Powder.

Patch Test Do this before full use. (Apply henna to a patch behind the ear and 48 hours later check to make sure there are no problems.)

Tools



Check List

- | | |
|-----------------------------------|---|
| <input type="checkbox"/> Henna | <input type="checkbox"/> Cap (or wrap) |
| <input type="checkbox"/> Brush | <input type="checkbox"/> Towel that can get dirty |
| <input type="checkbox"/> Bowl | <input type="checkbox"/> Turban |
| <input type="checkbox"/> Whisk | <input type="checkbox"/> Tissues |
| <input type="checkbox"/> Gloves | <input type="checkbox"/> Hot water (About 45° C) |
| <input type="checkbox"/> Ear Caps | <input type="checkbox"/> Clothes that can get dirty |

Point Wear open front clothes

Preparation

Add 45° C water to the henna powder and stir until it forms a paste with the consistency of ketchup. Cool it until it is a suitable temperature to apply.

Point The consistency of ketchup



Guidelines for how much to use (Individual results may vary depending on volume of hair and size of the head.)

Short Hair



Henna: about 30 g
Hot Water: 120 ml

Medium Hair



Henna: about 50 g
Hot Water: 200 ml

Long Hair



Henna: about 100 g
Hot Water: 400 ml



Hot Water: 200 ml
Henna: 50 g

Make sure the hair and scalp are properly wet, then cover the area around your face with hand cream.



Use the brush to apply henna around your face, on the hairline, and on the part.

Point Made easy with a container.



Apply the henna to your hair and rub it in gently.

Point You can also part your hair with a comb.



Also rub henna into the hair on the back of your head.

Point Use plenty of henna.



Gather your hair on top of your head.

Point Check to make sure you didn't miss any hair.



Fold a tissue four times and get it wet, then lay it around your face and sideburns.



Wrap a turban around your hair.



Put on the cap.



Press firmly to squeeze out air, and leave in place for 1 to 3 hours.

Point Leave it in for 3 hours for better coloration and care.

9 Shampoo
Rinse out the henna well with water, then shampoo twice.

10 Blow Dry
Leaving your hair wet can cause it to stain your clothes.

What to check if the henna doesn't dye properly

1. Did you get your hair and scalp properly wet before applying henna?
2. Did the henna have a consistency similar to ketchup when you dissolved it?
3. Did you apply the henna all the way down to your scalp?
4. Did the henna get on your white hair as well?
5. Did you wear a cap or wrap to keep the henna from drying?
6. Did you let the henna set for a long enough time (1 to 3 hours)?

Caution

1. Make certain to do a patch test first.
2. Wear clothes that you do not mind getting dirty (with an open front).
3. Put something under your feet that can get dirty, such as newspapers.
4. Your body will chill. Place a towel over the shower cap, and wear socks.
5. Remove the henna you applied with the pressure of the shower.
6. In order to remove extra henna on the surface of the hair, shampoo twice.
7. To prevent staining your towels or pillows, dry your hair well before sleeping.
8. After applying henna, when the weather is hot, sweating can cause the henna to stain white hats or other such clothing.
9. When using dyes that contain indigo or woad on white hair, it can cause green coloration immediately after use, but the color will change in about half a day to 3 days.



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